



## EDWARD J. ROCCELLA CHILDREN'S ART PROGRAM 2023

### GUIDELINES AND SUBMISSION FORM

Young people (under 18 years old) from around the world are invited to submit an art contribution depicting an aspect of high blood pressure awareness to help celebrate 2023 World Hypertension Day on May 17, 2023.

We also encourage contributions that relate to healthy blood pressure, including:

- More physical activity and less screen time
- A low sodium, heart healthy diet that includes fruits, vegetables, and grains as well as less “fast foods”
- Refraining from any kind of smoking.

Children can create an original drawing by hand *using digital tools* in addition to crayons, colored pencils, ink pens, markers, or paint (acrylic or watercolor). Acceptable digital artwork formats for the children's art contest include GIF, JPG, JPEG, and PDF. The artwork should be titled “[World Hypertension Day 2023](#)” in the artist's language.

Contributing artists will be recognized with award certificates by the World Hypertension Leagues with displays on the WHL website and select pieces presented in the WHL Newsletter. Art should be submitted through a World Hypertension League sponsor, which includes the members of the WHL Board and Council. Submissions should include:

- **PDF or JPEG of the artwork**
- **Photo of artist (optional)**
- **Name, age, and country of the artist**
- **Name and e-mail of sponsor**
- **Statement from parent/guardian and sponsor providing permission for artwork and artists to be displayed by the World Hypertension League.**

**DEADLINE APRIL 1, 2023**

**WORLD HYPERTENSION LEAGUE ART COMPETITION**

**WORLD HYPERTENSION DAY 2023**

**Submission Form**

Artist Name \_\_\_\_\_

Artist Age \_\_\_\_\_

Artist's School \_\_\_\_\_

Country \_\_\_\_\_

Sponsor and e-mail \_\_\_\_\_

Permission to display – As parent or guardian, I give permission for the World Hypertension League to display the submitted artwork with appropriate attribution to the artist.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

**An image of the artwork in PDF or JPEG form should be submitted with the signed Submission Form and artist photo (optional) to the WHL-Secretary at [whleague17@gmail.com](mailto:whleague17@gmail.com) through the sponsor **by the deadline of April 1, 2023.****